CHC533XX Diploma of Mental Health

# Modification History

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| Release | Comments |

# Qualification Description

This qualification reflects the role of workers who provide person-centred, trauma-informed support to people experiencing mental health challenges or psychosocial disability. These workers may provide counselling, referral, advocacy and community-based health promotion. They apply specialist knowledge of relevant legislation, service systems, and the social determinants of mental health.

To achieve this qualification, the candidate must have completed at least 160 hours of work as detailed in the Assessment Requirements of units of competency.

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of publication.

# Packaging Rules

Total number of units = 20

* 16 core units
* 4 elective units, consisting of:
* at least 2 units from the electives listed below
* up to 2 units from the electives listed below, any endorsed Training Package or accredited course. These units must be relevant to the work outcome

All electives chosen must contribute to a valid, industry-supported vocational outcome.

### Core units

BSBINS401 Analyse and present research information

CHCADV005 Provide systems advocacy services

CHCDIV001 Work with diverse people

CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety

CHCMHS002 Establish self-directed recovery relationships

CHCMHS003 Provide recovery-oriented mental health services

CHCMHS004 Work collaboratively with the care network and other services

CHCMHS005 Provide services to people with co-occurring mental health and alcohol and other drugs challenges

CHCMHS007 Work effectively in trauma-informed care

CHCMHS009 Provide early intervention, health prevention and promotion programs

CHCMHS010 Implement recovery-oriented approaches to complexity

CHCMHS011 Explore and promote social, emotional and physical wellbeing

CHCMHS012 Provide support to develop wellness plans and advanced directives

CHCMHS013 Implement trauma-informed care

CHCPRP003 Reflect on and improve own professional practice

HLTWHS004 Manage work health and safety

### Elective units

CHCAOD001 Work in an alcohol and other drugs context

CHCAOD002 Work with people who are intoxicated

CHCAOD004 Assess needs of people with alcohol and other drugs challenges

CHCAOD006 Provide interventions for people with alcohol and other drugs challenges

CHCAOD007 Develop strategies for alcohol and other drugs relapse prevention and management

CHCAOD008 Provide advanced interventions to meet the needs of people with alcohol and other drugs challenges

CHCAOD009 Develop and review individual alcohol and other drugs support plans

CHCCCS003 Increase the safety of people at risk of suicide

CHCCCS006 Facilitate individual service planning and delivery

CHCCCS017 Provide loss and grief support

CHCCCS018 Provide suicide bereavement support

CHCCCS028 Provide person-centred support to people in crisis

CHCCDE004 Implement participation and engagement strategies

CHCCDE006 Work to empower Aboriginal and/or Torres Strait Islander communities

CHCCOM005  Communicate and work in health or community services

CHCCSL001 Establish and confirm the counselling relationship

CHCCSL003 Facilitate the counselling relationship and process

CHCCSL007 Support counselling clients in decision-making processes

CHCCSM004 Coordinate complex case requirements

CHCCSM013 Facilitate and review case management

CHCDEV004 Confirm developmental status

CHCDFV001 Recognise and respond appropriately to family, domestic and sexual violence

CHCDFV006 Counsel clients affected by family, domestic and sexual violence

CHCEDU001 Provide community-focused health promotion and prevention strategies

CHCGMB001 Assess the needs of clients with problem gambling issues

CHCGMB002 Provide counselling for clients with problem gambling issues

CHCINM001 Meet statutory and organisation information requirements

CHCLEG001 Work legally and ethically

CHCLLN001 Respond to client language, literacy and numeracy needs

CHCMGT001 Develop, implement and review quality framework

CHCMGT002 Manage partnership agreements with services providers

CHCMHS001 Work with people with mental health challenges

CHCMHS006 Facilitate the recovery process with the person, their support network and carers

CHCPRP001 Develop and maintain networks and collaborative partnerships

CHCPWK001 Apply peer work practices in the mental health sector

CHCPWK003 Apply lived or living experience in mental health peer work

CHCPWK006 Promote and conduct mental health peer work

HLTAAP001 Recognise healthy body systems

HLTENN042 Implement and monitor care for a person with mental health conditions

HLTHPS006 Assist clients with medication

HLTHPS010 Interpret and use information about nutrition and diet

HLTWHS006 Manage personal stressors in the work environment

# Qualification Mapping Information

CHC533XX Diploma of Mental Health supersedes and is not equivalent to CHC53315 Diploma of Mental Health.